

### 32 DIVISION GRANDCHAMPIONSHIP

#### FORMS

#### BOYS SPARRING

#### GIRLS SPARRING

17- CREATIVE/ WEAPONS/ MUSICAL  
 18- CREATIVE/ WEAPONS/ MUSICAL  
 9-UNDER TRADITIONAL FORMS – BEG/ INT & ADV/BLK  
 10-11 TRADITIONAL FORMS – BEG/ INT & ADV/BLK  
 12-14 TRADITIONAL FORMS – BEG/ INT & ADV/BLK  
 15-17 TRADITIONAL FORMS  
 18+ TRADITIONAL FORMS – UNDERBELT  
 18+ TRADITIONAL FORMS – BLACK BELT

7-UNDER SPARRING – ALL  
 8-9 SPARRING – BEG/ INT & ADV/BLK  
 10-11 SPARRING – BEG/ INT & ADV/BLK  
 12-14 SPARRING – BEG/ INT & ADV/BLK  
 15-17 SPARRING – ALL  
 18+ UNDERBELT MEN'S SPARRING  
 18+ BLACK BELT MEN'S SPARRING  
 30+ BLACK BELT MEN'S SPARRING

7-UNDER SPARRING – ALL  
 8-9 YRS SPARRING – BEG/ INT & ADV/BLK  
 10-11 YRS SPARRING – BEG/ INT & ADV/BLK  
 12-14 YRS SPARRING – BEG/ INT & ADV/BLK  
 15-17 YRS SPARRING – ALL  
 18+ UNDERBELT WOMEN'S SPARRING  
 18+ BLACK BELT WOMEN'S SPARRING

**FIRST TIMERS-**  
 Competitors who hasn't competed before  
 Creative Forms  
 FT-1 11 yrs and Under  
 FT-2 12-14 yrs old  
 FT-3 15-17 yrs old  
 FT-4 18+ yrs old  
 Weapon Forms  
 FT-5 11 yrs and Under  
 FT-6 12-14 yrs old  
 FT-7 15-17 yrs old  
 FT-8 18+ yrs old  
 Traditional Kata  
 FT-9 5 yrs and Under  
 FT-10 6-7 yrs old  
 FT-11 8-9 yrs old  
 FT-12 10-11 yrs old  
 FT-13 12-14 yrs old  
 FT-14 15-17 yrs old  
 FT-15 18+ yrs old  
 Point Sparring  
 FT-16 5 yrs and Under  
 FT-17 6-7 yrs old  
 FT-18 8-9 yrs old  
 FT-19 10-11 yrs old  
 FT-20 12-14 yrs old  
 FT-21 15-17 yrs old  
 FT-22 18+ yrs old  
 Self Defense  
 FT-27 11yrs and Under  
 FT-28 12-14 yrs  
 FT-29 15-17 yrs  
 FT-30 18yrs old and Up

**CREATIVE/ WEAPON/MUSICAL**  
 Divisions will be divided by:  
 Beg / Int/ Adv/ Blk  
 11years old-Under  
 A-1 Creative Forms  
 A-2 Creative Musical  
 A-3 Weapon Forms  
 A-4 Weapon Creative/Musical  
 12 -14 years old  
 A-5 Creative Forms  
 A-6 Creative Musical  
 A-7 Weapon Forms  
 A-8 Weapon Creative/Musical  
 15-17 years old  
 A-9 Creative Forms  
 A-10 Creative Musical  
 A-11 Weapon Forms  
 A12 Weapon Creative/Musical  
 18 years and above  
 A-13 Creative Forms  
 A-14 Creative Musical  
 A-15 Weapon Forms  
 A-16 Weapon Creative/Musical

**SELF DEFENSE**  
 Choreographed Self Defense  
 A-17 17-Under / Underbelt  
 A-18 17-Under / Black Belt  
 A-19 18 + Over / Underbelt  
 A-20 18 + Over / Black Belt

**Kata Division:**  
**Kenpo/ Polynesian-** any style that consists of Kenpo or originated from the Polynesian Islands.  
**Hard-** styles that originated from Japan/ Okinawan/ Korea  
**Soft-** styles that originated from China

**PADDED STICKFIGHTING**  
 (Padded stick and helmet provided)  
 Hand guards and cups are mandatory  
 A-73 11yrs and Under  
 A-74 12-14 yrs old  
 A-75 15-17 yrs old  
 A-76 18+

**TRADITIONAL FORMS**  
 Divisions will be divided by:  
 Beg / Int/ Adv/ Blk  
 5 years and Under  
 A-21 Kenpo/ Polynesian  
 A-22 Hard  
 A-23 Soft  
 6-7 years old  
 A-24 Kenpo/ Polynesian  
 A-25 Hard  
 A-26 Soft  
 8-9 years old  
 A-27 Kenpo/ Polynesian  
 A-28 Hard  
 A-29 Soft  
 10-11 years old  
 A-30 Kenpo/ Polynesian  
 A-31 Hard  
 A-32 Soft  
 12-14 years old  
 A-33 Kenpo/ Polynesian  
 A-34 Hard  
 A-35 Soft  
 15-17 years old  
 A-36 Kenpo/ Polynesian  
 A-37 Hard  
 A-38 Soft  
 18 years and Above  
 A-39 Kenpo/ Polynesian  
 A-40 Hard  
 A-41 Soft  
 35 years and Above  
 A-42 Kenpo/ Polynesian  
 A-43 Hard  
 A-44 Soft  
 42 years and Above  
 A-45 All Styles

**LIVE STICKFIGHTING**  
 (Armor/ Helmet and stick provided)  
 Hand guards and cups are mandatory  
 Division will be separated by Light/ Heavy  
 A-77 17-Under – Male  
 A-78 18 Above – Male  
 A-79 17-Under – Female  
 A-80 18 Above – Female

**AMAPA ALLSTARS SERIES**  
 Delta Smackdown February 3, 2007 Heritage High-Brentwood, CA  
 The Meltdown March 24, 2007 Granada High-Livermore, CA  
 GoldenGateInternationals April 13-15, 2007 Marriott--Burlingame, CA  
 Bay Area Challenge May 25-26, 2007 Solano Fairgrounds  
 AMAPA Finals June 9, 2007 Alameda High- Alameda, CA  
 AMAPA Awards Show August 4, 2007 GREAT AMERICA

**POINT SPARRING**  
 Divisions will be divided by:  
 Beg / Int/ Adv/ Blk  
**BOYS**  
 A-46 5yrs old and Under  
 A-47 6-7 yrs old  
 A-48 8-9 yrs old  
 A-49 10-11 yrs old  
 A-50 12-14 yrs old  
 A-51 15-17 yrs old  
**GIRLS**  
 A-52 5 yrs old and Under  
 A-53 6-7 yrs old  
 A-54 8-9 yrs old  
 A-55 10-11 yrs old  
 A-56 12-14 yrs old  
 A-57 15-17 yrs old  
**WOMEN'S UNDERBELT**  
 A-58 18+ Lt (143lbs- under)  
 A-59 18+ Hvy (Above 143lbs)  
 A-60 35+ (All Ranks/Weight)  
**WOMEN'S BLACK BELT**  
 A-61 18+ Lt (143lbs- under)  
 A-62 18+ Hvy (Above 143lbs)  
 A-63 35+ (All Weights)  
**MEN'S UNDERBELT**  
 A-64 18+ Lt (162.8lbs- under)  
 A-65 18+ Hvy (162.9lbs-above)  
 A-66 35+ Lt (162.8lbs- above)  
 A-67 35+ Hvy (162.9lbs-above)  
 A-68 42+ (All Ranks/Weight)  
**MEN'S BLACK BELT**  
 Divisions will be divided by:  
 Light \* Middle \* Heavy \* Super Heavy  
 A-69 18+  
 A-70 30+  
 A-71 35+  
 A-72 40+

**Padded Stickfighting Rules**  
 Person with most points after 2 minutes wins.  
 Head and trunk- 2 points  
 Arms (below the elbow)- 1 point  
 Hands- 1 point  
 Leg ( below the knee)-1 point

**Sparring Points:**  
 1 pt- All hand techniques & standing body kicks  
 2 pts- Any standing head kicks/spinning body kick  
 3 pts- Any spinning head kicks/spinning aerial kick.

SKITA Rules Apply – www.nblskil.com

**First Timers** divisions are for competitors who are new to Sport Karate competition.  
**Judges** may give suggestions and encouraging words to ensure a positive learning experience.  
**Everyone** wins an award in the First timers division.  
**Men's BB Weight Divisions:**  
 Light-151.8 -Under  
 Middle-151.9 to 173.8  
 Hvy-173.9 to 200.1  
 Super Hvy-200.2 +Over  
**For more Info go to:**  
[www.AMAPAAllStars.com](http://www.AMAPAAllStars.com)

**Creative Forms**  
 Creative forms is a form that is created and made up. This was previously called "OPEN" forms. We have divisions where you can use music and another division that has no music.

Registration Begins at 7:30 AM  
 FIRST TIMERS Begin 9:00 AM  
 KATA Begins 10:00 AM

**GRANADA HIGH SCHOOL**  
 400 Wall Street  
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